

## What do Catholics *REALLY* believe?

Have you ever been asked to defend or explain your faith in Jesus Christ and could not think of the right words to say? Do you want to have a better understanding of the Mass? Do you want to find your Catholic faith in the Scriptures? Do you want to pray the rosary while meditating on divinely inspired passages in the Bible?...

If you own a computer or Apple IPOD, you have access to many solid Catholic programs which teach and share the Truths of our glorious faith in Jesus Christ taught through his Church.

To access these solid Catholic programs, go to itunes.com and download Itunes to your computer. Once downloaded, go to the Itunes store home menu, choose "power search" and simply type the title in the search box and subscribe. They are Free and Fulfilling!

Title: **Divine Office – Liturgy of the Hours of the Roman Catholic Church**



Description: The Church has a custom of celebrating each day with the Liturgy of Hours, which has been part of our tradition since ancient times. It calls for both the clergy and the laity to pray together, as one prayer, throughout the day. The beauty of the hours is no matter what you are feeling or struggle you are experiencing, the prayers are perfectly laid out before you. Also, praying the hours is a great way of showing Christian charity by praying with and for our fellow brothers and sisters all over the world. The goal of this podcast is to expand awareness of the Liturgy of the Hours, introduce and practice the structure of the prayer and to assist in the recitation of the Liturgy in small groups or prayer at home. This podcasts is a great way to start your day while driving to work or school.

Website: [divineoffice.org](http://divineoffice.org)

Title: **EWTN Audio Library**



Description: A solid Catholic Podcast filled with homilies from daily Mass, programs such as Mother Angelica Classics, The Journey Home, Sunday Night Live, The Good Fight, World Over and many more...

Website: [ewtn.com](http://ewtn.com)

Title: **Arinze – Podcasting with a Vatican official**



Description: Learn sound Catholic teaching from Cardinal Francis Arinze on the writings of Pope John Paul II, such as Theology of the Body and new documents of the Catholic Church like Deus Caritas Est from Pope Benedict XVI. This podcast includes teachings on the Eucharist, the family, sin and much more. Cardinal Arinze explains our faith in clear terms, with a style that is straightforward and entertaining.

Website: [arinzewebcast.com](http://arinzewebcast.com)

Title: **Understanding the Scriptures**



Description: This podcast teaches the lessons from Dr. Scott Hahn's textbook, "Understanding the Scriptures." It is a recording of a real Bible study composed of 30 episodes teaching God's plan of Salvation history from Genesis to Jesus. It covers in detail the covenants God made with his chosen people all the way to his current covenant with us in the Church. It is presented by Carson Weber, B.B.A, M.A. You will be an expert on the Bible and the Catholic Faith after listening to this podcast.

Website: [salvationhistory.com](http://salvationhistory.com)

Title: **Rosary Cast**



Description: Subscribe to this podcast for all of the mysteries of the Holy Rosary with scriptures verses to help meditate between each Hail Mary....

Website: [rosaryarmy.com](http://rosaryarmy.com)